

OTTAWA

\$10,000 a year

Writing rarely pays the bills. We break down who makes money when you buy — or borrow — a book. Page 14



Teemotee Ipeelie gives an emotional speech to demonstrators about how the Shawenjeagamik Aboriginal Drop-In Centre at 510 Rideau St. helped change her life. The centre, which serves approximately 500 clients and makes upward of 60,000 meals per year, will be closed at the end of March because the city has cut its funding. See story, page 5. JOE LOFARO/METRO

Medical pot centre to open in Hintonburg

Health. Councillor says ward is 'progressive'

Hintonburg will soon be home to a medical marijuana centre where patients can get guidance on how to properly take their medicine, apply for a licence and learn about the substance being prescribed as a treatment for everything from cancer and multiple sclerosis to fibromyalgia and insomnia.

The National Access Cannabis (NAC) centre on Wellington Drive will act as a pharmacy for medical marijuana patients an aspect of the sprawling industry that is lacking, according to NAC spokesman Colin Trethewey

"Currently, when you order through the Health Canada system, cannabis gets mailed to your house from a licensed producer and there is no intermediary," he said.

"There is no one to help you understand what the medication is, how it works, the best

way to take it and also educate you on the safety aspects related to taking it with your existing prescription drugs.'

NAC representatives have been canvassing the community for months about the idea. Trethewey said the main concern was around the sale of marijuana, but the cannabis centre won't be selling pot. The centre, he said, is strictly for educational purposes, and will link prospective patients with the company physician who will conduct an assessment to determine if marijuana is the right form of treatment.

Kitchissippi Coun. Leiper said he hasn't done enough research to say whether or not he supports the new facility, but said the city can only enforce existing bylaws.

His main concern is to make sure the community is comfortable with a drug-related business setting up shop.

"When I was campaigning this summer, the smell of weed was often in the air," he said. "It's a pretty progressive ward." TREVOR GREENWAY/METRO



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City hall

Council officially cuts Plasco, OKs tallest tower

The City of Ottawa is waving a final goodbye to Plasco and welcoming a 55-storey tower into Little Italy.

Those were among the hot items councillors swiftly rubber-stamped without debate at the council meeting on Wednesday.

The Rideau/Arts Precinct redevelopment was also granted an approval, albeit with a few comments from Coun. Riley Brockington about the "ongoing attention" the downtown street needs.

As for the lack of debate about the end of the contract with local waste incinerator Plasco, Mayor Jim Watson said there was already a "fairly robust discussion" at the environment committee.

"We can't dwell on the past. We have to think of the future and start planning for where we're going," he said.

With that final vote on Plasco, city manager Kent Kirkpatrick can now terminate the contract with the company. City staff are also being directed to find details on the \$15,000 the city owes Plasco.

The Richcraft Homes 55-storey condo in Little Italy will be the city's largest tower. Lucy scholey/METRO

Title

Correction

Monday's Urban Compass column mistakenly referred to Trevor Haché by his old title with Ecology Ottawa. Haché is now working with the Healthy Transportation Coalition. **METRO**



Students get their game on with new lottery app

Gaming. World Lottery offers chance to win real money with virtual ticket

Local university students Kevin Chen and Guy Hobaika are about to release their lottery app in the Apple App Store and Google Play store next month.

Choosing three correct numbers on "World Lottery" wins you \$30 and choosing four correct numbers wins you \$3,000, for example.

But is it legal?

Any lottery run in the province is required to be operated by the Ontario Lottery and Gaming Corporation.

"If it is some sort of app that's based in wherever, then it would be considered a greymarket site. It's unregulated in the province of Ontario," said OLG spokesman Tony Bitonti.

World Lottery is hosted on a server in New Delhi, India, and its users will be global. Hobaika, who studies at Carleton University, maintains the app is legal and secure, in part through standard app-store safeguards and financial transaction protection from Norton Security software.

"If something went wrong in the app and the user didn't get his money, there will be a number included inside the app so he can call ... customer

service," he said. "We guarantee their money back 100 per

Hobaika and Chen said the winnings are delivered through a number of secure payment methods, including wire transfer, PayPal or credit card. They hope to launch the app next

"We're hoping to put as much effort into it as possible. And we're just hoping for the best, that people do find this interesting," said Chen, who studies business at the University of

Chen and Hobaika, both in their 20s, spent the past year developing World Lottery with little sleep and lots of investthey said, users who download the app can buy a lotto ticket for \$1.99 and choose six numbers or have six numbers automatically generated for them to play in a weekly draw. They can watch live results on their Apple or Android device for a chance to win real money in Canadian currency.

The pair say they have secured several thousands of dollars from family members and investors in the United States to contribute to the jackpot.

Both immigrants to Canada, Chen and Hobaika said they are driven by ambition and their desire to make their parents proud of their work.

JOE LOFARO/METRO

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Kitigan Zibi chief calls Windmill development 'a missed opportunity'

First Nations. Gilbert Whiteduck says he would rather see the lands restored as public parks — not office, retail, restaurants and condominium units



The unceded Algonquin territory along Chaudière Falls is no place for the billion-dollar Windmill development, according to the chief of Kitigan Zibi.

Gilbert Whiteduck, who told Metro he's speaking for himself and not the band council near Maniwaki, Que., has come our against the mixed-use Zibi project, which will span 37 acres of land across the Ottawa River.

"It's not going to be for us or about us," Whiteduck said Wed-



nesday, a day after the project's first phase launched in Gatineau. "And putting a plaque on a wall or naming a building after somebody just doesn't cut it. What a missed opportunity." Whiteduck said he would rather see the lands of the old industrial pulp and paper mills decontaminated and restored as public parks — not transformed into office, retail, res-

taurants and 3,500 condominium units. "How many First Nations people will have access to a condo there? It might be a handful," said Whiteduck.

But Jeff Westeinde, a de-

veloper with Windmill, said he and his partners have been consulting with Kitigan Zibi, Pikwakanagan and the Algonquins of Ontario on the project — as well as city leaders in Gatineau,

Ottawa and the National Capital Commission.

"If we want to build a worldclass Canadian community, then world-class means that all people from our community needs to be included and, in our view, that means that First Nations must be there."

A park is a nice idea, he said, however no level of government is "stepping up" with that plan. Also, he estimates it will cost \$125 million to decontaminate the site.

"We have parkland on either side of our river for tens of kilometres," he said. "What we don't have is a place where the citizens of the region can interact with the waterfront."

Westeinde said he has proposed that a percentage of local First Nations people be employed on construction, discounts on residential space for Algonquin people, raising funds for Victoria Island and including arts and culture in the development.



'It hangs like a dark cloud': Outgoing chief on lost teens



The chief of Kitigan Zibi says he is resigning partly because he's "frustrated" by the issue of missing and murdered aboriginal women.

Gilbert Whiteduck was elected as chief of the Maniwaki, Que., reserve three months before teens Maisy Odjick and Shannon Alexander disappeared from the community on Sept. 5, 2008. They still have not been found.

"It hangs like a dark cloud for me," said Whiteduck, who also said, without elaborating, that health reasons contributed to his decision.

While the chief does not know what he will do next, he has volunteered to help organize a Quebec-specific inquiry on missing and murdered aboriginal women. "Why can't answers be found? Why wasn't there an inquiry to make sure that all that should have been done was done to ensure that we've maybe learned a lesson from all that?" he said.

He's sitting in on a national roundtable on murdered and missing aboriginal women in



Ottawa on Friday and is hoping the discussion will lead to such an inquiry.

Last May, an RCMP report revealed 1,181 police recorded incidents of missing or murdered aboriginal women between 1980 and 2012.

"The families need to be heard. The family stories need to be documented. The family's recommendations need to be highly considered and then, from there, different strategies, meaningful strategies, that come from the base and are not

imposed from above," White-duck said.

The missing and murdered aboriginal women's file is not the only factor in Whiteduck's resignation. Whiteduck said he's also leaving the post for health reasons and because he's "frustrated" by other files, like the controversial First Nations Control of First Nations Education Act.

Whiteduck officially steps down April 3. The election for Kitigan Zibi's new chief will be held in late May.

Ottawa First Nations protest funding cuts

Cultural support.

Aboriginal centre targeted for cuts by city hall serves 500. makes up to 60,000 meals a year for clients



Close to 100 First Nations people and supporters braved the cold outside city hall Wednesday to condemn the City of Ottawa's decision to cut funding to a long-standing drop-in centre for the homeless Aboriginal population.

It was revealed earlier this month that funding for the Shawenjeagamik Aboriginal Drop-In Centre at 510 Rideau St. would end, forcing the 10-year-old facility to close its doors by the end of March.

Staff have decried the decision, lamenting the fact that vulnerable people will lose culturally appropriate support.

With her four-year-old son fidgeting at her side, Teemotee Ipeelie gave an emotional plea to the crowd in defence of the organization that helped her find a place to live after being homeless for five years.

"If it wasn't for (the) 510 (Aboriginal Drop-In Centre) my child would not be healthy today. I would not be happy if they close," said Ipeelie, sobbing into the microphone.

"And I say from the bottom of my heart, it should not be

The centre, run by the Odawa Native Friendship Centre, serves approximately 500



Quoted

"The federal government has to acknowledge that there's a gap ... You can't just all of a sudden snap your fingers and people are automatically independent and have their own housing."

Paul Dewar, NDP MP for Ottawa Centre. Dewar said the 35 per cent of federal funding left for non-housing initiatives isn't enough for municipalities to spread to the areas in need of assistance.

clients and makes upwards of inal drop-in centre. 60,000 meals per year.

It receives funding from the federal and provincial governments - funding administered by the City of Ottawa.

"I'm still in disbelief how easy it was for the city to cut funding," charged Carrie Diabo, manager of the Aborig-

According to city manager Kent Kirkpatrick, the federal government changed its funding criteria in a bid to put more money towards housing. Under the new regulations, 65 per cent of federal funding must be directed to housing-first initiatives, while

municipalities can direct the remaining 35 per cent to various service providers at their

NDP MP for Ottawa Centre Paul Dewar said the blame for closing the centre at 510 Rideau St. ultimately lies with the federal government.

"The 35 per cent is left there to divide amongst the whole myriad of service providers and it's not enough," said Dewar.

"The federal government has to acknowledge that there's a gap ... You can't just all of a sudden snap your fingers and people are automatically independent and

Tory MPP's evolution stance doesn't reflect Ontario PC party's views: Interim leader

An Ontario Tory's statement that he doesn't believe in evolution has puzzled and frustrated his fellow Conservatives who admitted Wednesday that stance doesn't help a party trying to rebuild after four consecutive election defeats.

Progressive Conservative Rick Nicholls surprised the legislature Tuesday, when he responded to a Liberal taunt by saying opting out of teaching students evolution "was

Nicholls' heckle during debate on an updated sex-education curriculum was greeted with howls from the Liberal and NDP benches and even raised eyebrows among the Conservatives, but he wasn't backing down Wednesday.

"For myself, I don't believe in evolution," Nicholls told reporters. "But that doesn't mean I speak for everyone else in my caucus. That's a

personal stance."

Interim PC leader Jim Wilson insisted Nicholls's views on evolution were not representative of Ontario Tories, and admitted the outburst "obviously didn't help" a party in the midst of a leadership race.

"He's entitled to his opinion, but it's not shared by the majority of caucus members that I know of," said Wilson. "It's the first I've ever heard of it, actually." The canadian press





metr⊕ **OTTAWA** metronews.ca Thursday, February 26, 2015



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art and adrenalin quite like a painting competition in front of a live audience.

For over five years, Art Battle Canada, created by Simon Plashkes and Chris Pemberton, has been hosting monthly, public art battles, first in Toronto, and now in cities across the country, including Ottawa.

"We were excited about bringing the innate competition that already exists in the art world to the floor and letting people engage directly with ideas of competition and

art," says Plashkes, adding he and Pemberton saw it as an opportunity to connect artist and patron.

Painters at Art Battle events have 20 minutes to create the best work they can. There are no themes or criteria and the audience votes for the winners. There is even a bit of prize money on the line.

"The instructions that we provide to the audience are simply vote for your favourite painting, so the artist really has to think about what the people want to see, what will excite them, and connect them with their work," says Plashkes.

Winners from each event will compete in the Ottawa Regional Finals in June and the winner of that event will move on to the National Championship, competing with painters from all over Canada.

Anyone can apply to compete, regardless of professional experience. Artists apply online and submit samples of their work. A handful of paint-

The next Art Battle event in Ottawa is at Arts Court (2 Daly Ave.) on Friday, March 6 at 7 p.m. Early-bird tickets are \$15, general admission is \$20 and tickets for students and seniors are \$10.

ers are invited to participate.

Over the three seasons Art Battle has been in Ottawa, Plashkes says he and co-founder Pemberton have definitely noticed the city's art scene is flourishing.

"We refer to it here at the office as a very pure Art Battle city — people show up, they're there for the art, they engage with each other and the quality of the art is excellent," Plashkes says, citing past win-ners Allan Andre, Mark Stephenson and Ame Papatsie as

"They are absolutely topnotch, some of the best in the



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Students feeling 'in the dark' on Everest closure

Education. Protesters demand that province reopen troubled college, with some only days from graduation



Dozens of Everest College students and some of their instructors mounted a protest on Wednesday outside the school's closed east campus in the St. Laurent Mall.

"I'm \$70,000 in debt, I'm a single mom with three kids, I'm speechless and ripped apart," said protest organizer and student Kelsea Blais, who said she was in the middle of an exam when news came that the Ontario government had suspended the licence and shut down Everest College of Business, Technology and Health Care Canada, two days after the U.S. parent company was suspended from trading on the Nasdaq stock exchange.

"We want to save our school," said Everest instructor Cindy Marrow. "Right now our licence is only suspended. I'm not even sure why the ministry would terrorize the students like this. Let them finish their programs."

The future of the students and their school was thrown into question after Nasdaq suspended parent company Corinthian Colleges from trading.

The reason given was that Corinthian failed to file reports in a timely fashion.

Federal funds in the U.S.

were withheld last year amid allegations job placement data was falsified in marketing pitches to potential students.

Students at the protest told Metro they were satisfied with their level of instruction, despite criticisms by one former Ottawa instructor who alleged in an interview with CBC News that the school did not enforce stringent-enough academic standards

Student Taylor Martelock said many students at the protest felt "in the dark" about what had happened and were casting about for answers from the government about whether they could continue studies at other institutions or get refunds. Martelock said she had \$25,000 in outstanding student loans invested in her course at the private college and was days away from completing her certificate with only a few days left of a co-op placement.

Colleges and Universities Minister Reza Moridi said last week that ministry officials have been dispatched to all 14 Everest Colleges campuses in Ontario to ensure the 2,400 students are looked after.

Under the Private Career Colleges Act, a \$3-million liability fund has been set aside to pay for training completions or refunds for the students who were enrolled in an approved vocational program at the time of Everest College's closure.

"It's too early at this point to see whether it is sufficient or not," the minister said.

An independent superintendent appointed under the act decided the campuses would be closed as of Thursday.

Ontario approves interim funding for costly drug

Ontario will start providing interim funding for a costly drug used to treated a rare genetic condition, but a small group of sufferers from the disease is urging the province to make that permanent.

An advocacy group estimates the drug, Soliris, could help about 30 people in Ontario who have atypical hemolytic uremic syndrome, a life-threatening condition in which the immune system attacks the body's cells damaging blood

vessels and can lead to heart attack, stroke and kidney failure.

Health Ministry staff were not able to provide the cost for Soliris, but noted that reports have pegged it at between \$500,000 and \$700,000 annually per patient.

Health Minister Eric Hoskins announced Wednesday morning that the executive officer of the province's public drugs program informed him earlier this week that Ontario will provide interim funding for Soliris to aHUS patients "who meet defined clinical criteria of the disease."

Progressive Conservative health critic Christine Elliott slammed the minister's "lastminute, half-baked announcement," published minutes after aHUS Canada held a news conference at the legislature.

"People need to know that this is not going to be funded for all aHUS patients, it's only a one-off strategy," she said.

HE CANADIAN PRESS

Health minister explains

Hoskins said the pan-Canadian process looking at the drug had indicated there wasn't sufficient clinical evidence to merit funding. But while those at the national level are reviewing additional information, it was important to step in and provide interim funding, Hoskins said.



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Food bank gets a brand new ride

Fighting hunger.

New wheels cost \$140,000, but will be more reliable for the 140 agencies served



The Ottawa Food Bank unveiled a new \$140,000 delivery truck Wednesday that will make delivering food to the needy quicker, easier and more efficient.

The brand spanking new, sparkling white five-ton truck had everybody at the food bank buzzing Wednesday morning, as staff members and drivers eyed the new wheels in awe. Executive director Mike Maidment said the new truck is more than just a vehicle — it's a "symbol of hope" for the 51,000 residents who use the food bank every month.

"Sure, it's important to deliver this food but, when



this truck is seen across the community driving and delivering and picking up food, it has really become a symbol of hope," said Maidment.

"When they see the Ottawa Food Bank truck coming, they know they are going to have a meal tonight."

Food Bank delivery drivers clock a total of about 125,000 kilometres every year delivering food to the 140 agencies across the city that serve the needy. With a new, fuel efficient vehicle, Maidment said the Food Bank will be able to cut transportation costs, which will ultimately lead to them serving more people.

"The fleet that we had was

really aging and one of the highest costs was servicing the fleet, so we were experiencing a lot of breakdowns and fuel consumption was poor," added Maidment.

"It's brand new, it's under

ALGONQUIN

Quoted

"It has really become a symbol of hope"

Ottawa Food Bank executive director Mike Maidment

warranty, so it's going to stay

The Food Bank received a \$20,000 donation from Santec Consulting towards the truck as well as a \$70,000 grant from the Trillium Foundation. The Food Bank covered the nearly \$40,000 remainder.

Santec also created a vehicle routing analysis for the Food Bank that has the organization on a path to save a whopping 50 per cent on transportation costs.

"It will allow us to serve more people," added Maidment

"As we have seen the price of food increase, any amount that we can save either on the service of an older vehicle or feel efficiency, will really allow us to keep those savings ploughed into the purchased food."

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CANADA

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PM funds inoculation abroad, chides Canadians who fight against vaccines

Ottawa. Harper, Bill Gates announce funding to eradicate maternal and neonatal tetanus

Stephen Harper castigated Canadians who refuse to vaccinate their kids as he announced \$22.5 million in additional funding for inoculation programs in some of the world's poorest countries.

The prime minister announced the new funding — \$20 million to strengthen immunity to polio and up to \$2.5 million over two years to help eradicate maternal and neonatal tetanus — during an event Wednesday in Ottawa with billionaire philanthropist Bill Gates.

The irony of Canada investing millions to prevent death and disease in poor countries while some of its own citizens balk at vaccinations was just too stark for him to ignore.

"My wife would kill me if I didn't say this because she is really, really exercised about this," Harper told foreign aid groups during a moderated discussion with Gates.

"We in the educated, advanced, medically advanced, sophisticated part of the



world, we have a responsibility when it comes to this, not just a responsibility to vaccinate our children which I think every parent has a responsibility to do, and not just a responsibility to encourage that widespread vaccination so we're not putting other kids at risk.

"But we have a responsibility to set an example, for God's sake. We know these

medical interventions work and as an advanced, educated society it is completely irresponsible of people in this society to communicate anything other than that anywhere else in the world."

For parents who may still worry about the purported health risks of vaccinations, Harper had blunt advice: "Get the facts from the medical and scientific community

and if you're not a doctor or a scientist yourself, listen to the people who are. It's that simple."

Harper and Gates urged the world to keep the issue of maternal, newborn and child health as a development priority. It's a cause Harper has championed for years alongside the American computer pioneer and the Bill and Melinda Gates Foundation. In June 2010, Harper persuaded world leaders at the G8 Summit in Muskoka to focus on maternal and child health and has contributed billions to the cause. Gates called the Muskoka summit in central Ontario a "milestone" that helped focus foreign aid funding on specific goals.

While progress has been made, Gates said much more

Details

The funding Harper announced includes:

- port the World Health Organization campaign to strengthen long-term immunity against polio in Cote d'Ivoire, Honduras, Malawi and Tanzania.
- Up to \$2.5 million over two years to match the contributions of UNICEF Canada and the Kiwanis Foundation of Canada for a campaign to eliminate maternal and neonatal tetanus in Chad, Kenya, Pakistan, South Sudan and Sudan.
- Harper also announced up to \$20 million over five years to support research into improving the delivery of health care for mothers, newborns and children in 13 sub-Saharan African countries.

needs to be done.

"So, here we are in 2015, childhood deaths are half of what they are in 1990 ... We want to cut it in half again."

THE CANADIAN PRESS

Merivale Mall adds Marshalls in \$10-million spring facelift

The Merivale Mall is getting a \$10-million facelift this spring.

The ambitious renovation project will see the addition of a massive, close to 30,000 square-foot Marshalls department store as well as a newly designed and relocated Sport Chek.

Merivale Mall General Manager Bob Armstrong said the update will help the neighbourhood remain competitive in the retail market, while offering, better, more fluid services at the mall.

"The shopping centre has been part of the Nepean community since 1976," he said in a media release.

"This redevelopment project has been designed to allow the centre to better serve its community and solidify its position within our competitive retail market."

The overhaul will see the



mall lose four retail stores to make way for the big Marshalls outlet store, making for a total of 34 businesses instead of the former 38.

The redevelopment will also include enhancements to mall entrances, flooring and ceiling and exterior.

College Ward Councillor Rick Chiarelli said the revamp is a "brilliant improvement" to the neighbourhood. "I'm very excited about the redevelopment of Merivale Mall," he said in a release.

"It's a smart move and a step in the right direction to bringing life back into the area for residents and shoppers from across the city."

Work has already begun at the mall, which will remain open until the overhaul is finished sometime this fall.

TREVOR GREENWAY



If you gotta go, might as well go in style

Thomas Wagner, a second-year industrial design student at Carleton University, shows off his unusual conceptual design of what a modern, accessible public washroom might look like in Ottawa's Strathcona Park. His peers collaborated on the project for several weeks with the local grassroots Gotta Go! Group, which campaigns for accessible, environmentally friendly public toilets. Inset: Wagner and his team developed a model of a 24-hour washroom with five stalls, bike racks, UV-sensitive skylights, LED lighting, and security cameras.

metr⊕ **CANADA** metronews.ca Thursday, February 26, 2015

Anesthetics in children concern some experts

Medicine. Researchers say that in a number of animal species, drugs used to induce unconsciousness are toxic for some brain cells, especially in developing brains

Does anesthesia damage the developing brains of young children? Some experts, including from the U.S. Food and Drug Administration, say this is a pressing question that needs to be answered.

A group from the FDA, Northwestern University, Washington State University and the University of Toronto wrote about their concerns Wednesday in an article in the New Journal of Medicine, one of the most influential medical journals in the world.

They said studies in a number of animal species show that the drugs used to

It's not known if the drugs have the same impact on developing human brains. Some observational studies raise the possibility of an impact, but studies designed in this way can only point out correlations. They cannot prove that something causes something else.

induce unconsciousness during surgery are toxic for some brain cells - particularly in developing brains — in those

But it is not known if the drugs have the same impact on the brains of babies and toddlers.

Despite the high-profile placement of their article, at least one of the authors was nervous about how the airing of these concerns would play among parents of young children who need surgical care.

Dr. Beverley Orser, an anesthesiologist at Toronto's Sunnybrook Health Sciences Centre, said if anesthesia damages the cells of developing brains, the effect is subtle. If it were profound, that would already be evident, she said.

And she noted that children who require surgery should undergo the procedures they need.

"It's important that par-

ents don't panic," said Orser.

"Anesthetics have been used safely. Millions of children undergo anesthesia in the U.S. alone. And there are times when of course (the need for) anesthesia is lifethreatening or urgent. So that's an important message."

Studies in animals ranging from nematodes - a type of worm - to non-human primates suggest exposure to the chemicals used in anesthesia changes some types of cells in developing brains and that these changes seem to lead to impaired performance in behavioural tests. Orser said the deficits appear to relate to memory and task performance. THE CANADIAN PRESS



Plant a milkweed for monarchs

A monarch butterfly spreads its wings as it feeds on the flowers of a butterfly bush in Omaha, Neb., in this 2005 photo. A concerted national effort to plant the unloved milkweed is needed to reverse a precipitous decline in the monarch butterfly population, conservationists say. They're hoping the federal government will step up with money and moral suasion to aid in an effort they say needs to include power line, road and rail agencies. Estimates are that the migratory monarchs have declined by 90 per cent across North America over the past two decades. in part because of the eradication of milkweed, the only food plant the butterflies use as caterpillars. THE ASSOCIATED PRESS/THE CANADIAN PRESS FILE

Eastern Europe

Canada considers joining U.S.-led military training mission in Ukraine

The Harper cabinet is actively and seriously considering whether Canada should join the U.S. and Britain in a military training mission to shore up embattled Ukrainian troops, Defence Minister Jason Kenney said Wednesday.

Britain said Wednesday that it would send 75 military trainers to Ukraine to provide instruction and training in military intelligence, logistics and battlefield medical procedures.

Kenney, who had already dropped broad hints of further Canadian involvement in concert with allies, said Canada is considering a similar commitment, with an emphasis on combat medical evacuation and trauma care.

'That's the kind of technical training that we can offer," he said Wednesday. The canadian press

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Bill to empower MPs is proof of public's sway, says Chong

His zigzag journey has lasted more than a year, but Michael Chong has crossed one critical finish line in his bid to rebalance power between MPs and party leaders.

The Conservative MP's bill, known as Reform Act 2014, passed 260 to 17 in a thirdreading vote Wednesday. The legislation received support from the Conservative cabinet, opposition party leaders Tom Mulcair and Justin Trudeau, and from MPs on both sides of

Green party Leader Eliza-

The bill has been through hours of debate, amendments, and plenty of negotiations behind the scenes. Now it heads to the Senate.

beth May and fellow MP Bruce Hyer voted against it, arguing the bill didn't go far enough.

If it gains royal assent, it would give MPs the power to trigger leadership reviews, suspend and reinstate caucus colleagues and select their own caucus chairs.

Chong credits average Canadians with helping to give the bill the traction it needed something he says the public has the power to do with any piece of legislation.

The bill would also remove the power of a party leader within the Canada Elections Act to approve election candidates. Individual parties would determine how candidates would be approved, with the option of leaving that power with the leader. The Canadian Press

Peace bond sought against man RCMP fears will commit terrorism offence

The Crown is seeking a peace bond against a Montreal man who the RCMP says it fears will commit a terrorism offence.

But the Mounties are not providing any details.

A summons was issued Feb. 23 for Merouane Ghalmi, who is required to appear before a Quebec court judge on Thursday. The summons says the 22-year-old man will be asked to sign a peace bond when he appears before the judge.

The RCMP's Quebec detachment would not comment when contacted Wednesday and a person answering the phone at Ghalmi's residence hung up when contacted by The Canadian Press.

The Public Prosecution Service of Canada says the federal government has used peace bonds in terrorism-related matters fewer than 10 times.

Daniel Brien, a spokesman for the federal Crown, said the peace bond is a preventive

"It's a (binding) agreement that, when signed by an individual, with certain conditions, will keep the peace," he said from Ottawa.

Ghalmi has not been charged with any offence and it is not known why the Mounties are concerned about him because the contents of a sworn affidavit have been sealed.

THE CANADIAN PRESS

metronews.ca
Thursday, February 26, 2015

CANADA 11

Federal election. Tories considering five debates

Conservatives are quietly considering a proposal to hold up to five regional televised debates in the upcoming federal election to contrast Prime Minister Stephen Harper's experience with rookie Liberal Leader Justin Trudeau.

With Canadians going to the polls on or before Oct. 19, sources say some Tory strategists are actively discussing the pros and cons of Harper debating Trudeau and NDP Leader Thomas Mulcair more than in past campaigns. Traditionally, the party leaders meet twice during a federal election — once in English and once in French.

But hoping to exploit Trudeau's shoot-from-the-lip style, some Conservative insiders believe Harper could benefit from additional debates.

"I believe the more Canadians see the prime minister on the same stage as Justin Trudeau, the better it is for us," said one Tory strategist, speaking on condition of anonymity.

"Would the Liberals agree to it? I highly doubt it," the Conservative said, pointing to Trudeau's gaffes.

Mulcair, who has won kudos for his pointed grilling of Harper in the Commons, said Wednesday he's a "big fan" of debates and would embrace more such encounters in the coming campaign.

TORSTAR NEWS SERVICE

Kane. Four children dead after blaze in Manitoba

A mother was able to save three of her children, but four others died in an early-morning house fire Wednesday in the rural municipality of Morris, Man.

"The adults escaped. The three youngest children were saved by the mother. The four older children who were in the second level of a two-storey home perished in the blaze," said Ralph Groening, reeve for the RM. Groening said volunteer fire crews unsuccessfully tried to put up a ladder to the second-floor window as the home burned.

"The fire was too far advanced. They were unable to go into the building. It simply wasn't safe."

The parents, whose names have not been released by authorities, were receiving medical care and their three surviving children were staying with friends, Groening said.

"One adult was taken to hospital suffering from smoke



inhalation resulting from his efforts to save his children."

The blaze broke out near the tiny community of Kane, about 95 kilometres southwest of Winnipeg.

Little remained of the 90-year-old farmhouse, although a storage shed 20 metres away and pine trees surrounding the blackened, smouldering foundation appeared untouched by the flames. The fire is under investigation by the Manitoba Fire Office and the RCMP. THE CANADIAN PRESS



An uncanny resemblance?

A satellite image of the Newmarket Health Centre, a long-term care facility, is going viral with some publications in the United Kingdom and adult magazine Playboy, suggesting it "resembles a man with a dangling penis." A Google satellite image of the building casts the centre in a whole new light. According to the picture, the building looks like a man with his legs spread and his genitals exposed for the world to see. Media outlets and readers on social media sites have been giggling over the naughty picture since the images recently came to light. The Region of York, which owns the building, was unable to track down the name of the clever architect who came up with the X-rated design in 1951. PHOTO: GOOGLE MAPS

TEXT: TORSTAR NEWS SERVICE

O'Toole aims to eliminate veteran delays, frustrations

Military. Minister says ongoing reorganization will address concerns

Veterans Affairs Minister Erin O'Toole is urging the Senate to pass a government bill fasttracking wounded ex-soldiers into federal jobs, saying an ongoing reorganization will address the concerns of military watchdogs.

The minister's comments came as the Harper government signals it is looking to see what can be done for reservists who are finding not all of their military pension will count toward their eventual civil service retirement.

O'Toole, who replaced Julian Fantino at the helm of the embattled department in early January, has been busy putting out political fires.

They've ranged from the question of converting pension time — which the minister describes as "a specific and small situation" for part-time members — to the pointed concerns of Canadian Forces ombudsman Gary Walbourne, who says Veterans Affairs should not be passing judgment on whether a soldier's discharge was medically justified.

Walbourne — with the qualified support of the veterans ombudsman — said that determination should be made by National Defence, which is the agency that decides a sol-

dier is no longer fit to serve.

To that end, Bill C-27, which put qualified wounded veterans at the head of the line for federal jobs, should be amended, Walbourne said.

But O'Toole told a Senate committee Wednesday that the ombudsman's concerns would be better addressed through the reorganization, which will see Veterans Affairs staff getting involved in cases of wounded members before their release.

"I sincerely hope the National Defence ombudsman's suggestion, the need for it, will be eliminated on making better use of collaboration in that three-to-five year span for medically releasing veterans," O'Toole said, referring to the length of time it takes some

soldiers to move through the system.

From the moment a soldier is wounded and posted to a so-called joint personnel support unit, they have three years under the military's universality-of-service rule to recover and return to their unit. If they are deemed medically unfit after that, the release process can take more than 18 months.

"I see why he made that suggestion, because he's saying, 'You're injured in uniform, let's let DND care of that,'" O'Toole said. "The issue is we at Veterans Affairs have that expertise, and now that we're going to be collaborating far earlier ... we will eliminate the delay and frustration"

THE CANADIAN PRESS



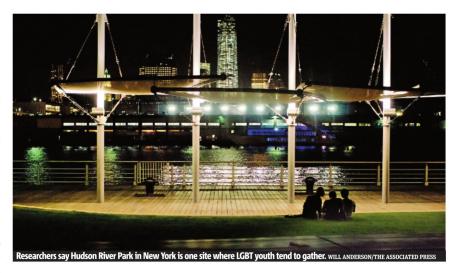
Study details lives of young LGBT sex workers

NYC. Project interviews youth who cope with poverty by engaging in what researchers call 'survival sex'

A unique federally funded study offers a detailed look at the lives of gay, lesbian, bisexual and transgender youth in New York City who engage in sex work.

In extensive interviews conducted over three years by the Urban Institute, 283 young people spoke about experiencing family rejection, establishing support networks with groups of their peers, and learning how to subsist on earnings from sexual encounters. Many said there were positive aspects to their lives, but a large majority expressed a yearning to get out of the sex business.

"They don't see themselves as victims ... but it's not empowering for them to be doing this," said Meredith Dank, the report's lead author. "These are kids in very desperate situations who will do what they need to



do to be able to survive."

The study, funded by the Justice Department's Office of Juvenile Justice and Delinquency Prevention, focused on youth between 15 and 21, although a handful of participants were older. Of the respondents, 47 per cent identified as male, 36 per cent as female and 16 per cent as transgender. About 90 per cent were black, Latino or

multiracial, and nearly 60 per cent said they lived either in a shelter or on the street, often after being kicked out of their homes or aging out of foster care.

One gay 19-year-old told an interviewer how his mother had forced him to leave home.

"She didn't want me being gay, she wanted grandchildren, she didn't like my lifestyle," he said. "She still loved me but she just didn't want me being there"

On average, the youths saw three to six customers each day or night — and 11 to 18 a week — during periods when they were engaging in sexual transactions, according to the study. The prices that they reported charging per encounter ranged from about \$90 to \$230, and in-

come per day generally ranged from about \$355 to \$735.

About 90 per cent of the youths spoke of things they disliked about engaging in the sex trade — saying their work made them feel frustrated, dirty or endangered. Only seven per cent of respondents said they had no desire to stop engaging in the activity.

However, more than 80 per cent said there were positive aspects — notably helping meet their basic needs and in some cases fostering a sense of community.

The report offered several recommendations for steps that might encourage such young people to disengage from the sex trade, including new programs that would offer safe housing, appropriate health care, and a pathway to job opportunities. Any such services would be most effective if designed with the particular needs of LGBT youth in mind, the report said.

The Urban Institute, a nonpartisan public policy thinktank based in Washington, D.C., did not attempt its own calculations of the overall number of LGBT youth engaged in

Details

Among the report's main findings:

- Many of the youths reported frustrating experiences with social services systems and providers, which often failed to help them find safe housing and adequate health care.
- Many participants have large peer networks, including other youth who engage in the sex business and help them.
- Complaints of violence and abuse were commonplace, inflicted by relatives, clients, peers, law enforcement officers and others. But many youths displayed resilience.

the New York City's commercial sex market. Its report cited earlier studies, estimating the number at between 2,500 and 4,000 young people of all sexual orientations.

THE ASSOCIATED PRESS







Three arrested for plot to join ISIL in Syria

U.S. Roughly 20 people charged in past year with planning to travel to Middle East to fight alongside militants

Three men were arrested Wednesday on charges of plotting to travel to Syria to join ISIL and wage war against the U.S., and federal officials said one of them spoke of shooting President Barack Obama or planting a bomb on Coney Island.

Akhror Saidakhmetov was arrested at Kennedy Airport, where he was attempting to board a flight to Istanbul, authorities said. Abdurasul Hasanovich Juraboev had a ticket to travel to Istanbul next month and was arrested in Brooklyn, federal prosecutors said. Abror Habibov, 30, accused of helping fund Saidakhmetov's efforts, was arrested in Florida.

They are charged with attempt and conspiracy to provide material support to a terrorist organization. If convicted, each faces a maximum of 15 years in prison.

"This is real," said William Bratton, commissioner of the New York Police Department. "This is the concern about the lone wolf, inspired to act without ever going to the Mideast.

The Justice Department has charged roughly 20 people in the past year with planning to travel to the Middle East to fight alongside militants like ISIL. Federal officials have been concerned about Americans going overseas to train with these groups and returning with plots to carry out attacks at home. THE ASSOCIATED PRESS

Attacks

ISIL militants have moved a large group of Christians they abducted to one of their strongholds as fighting raged on Wednesday between the extremists and Kurdish and Christian militiamen for control of a chain of villages along a strategic river in northeastern Syria, activists and state-run media said.

In pre-dawn attacks, the ISIL on Monday attacked communities nestled along the river, seizing at least 70 people, including many women and children. Thousands of others fled to safer



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Polanski appears at extradition hearing

Filmmaker Roman Polanski, second from right, with his lawyers, arrives at the regional court in his childhood city of Krakow, Poland, Wednesday. Polanski appeared for a hearing concerning a U.S. request for his extradition related to charges of sex with a minor - a case that has haunted him since 1977. Judge Dariusz Mazur took almost nine hours questioning Polanski and his Polish attorneys. He was not expected to make a ruling on Wednesday and scheduled another hearing, buying time to study documents that arrived this week from Switzerland, which in 2010 refused to extradite Polanski. ALIK KEPLICZ/THE ASSOCIATED PRESS

ISIL

Egyptians flee Libya by thousands

An Egyptian border official says some 20,000 Egyptians have fled Libya since the release of a grisly beheading video by Islamic State militants. The video, showing the beheading of 21 Egyptian Christians, prompted Cairo to launch retaliatory airstrikes.

THE ASSOCIATED PRESS

Afghanistan

Avalanches bury homes, kill scores

Avalanches caused by a heavy winter snow killed at least 124 people in northeastern Afghanistan, an emergency official said Wednesday, as rescuers clawed through debris with their hands to save those buried beneath.

THE ASSOCIATED PRESS

Chris Kyle killing

Jurors reject insanity defence

Jurors who rejected an insanity defence and convicted former Marine Eddie Ray Routh in the deaths of famed "American Sniper" author Chris Kyle and his friend said Wednesday the man's past behaviour undermined his argument that he couldn't tell right from WTONG. THE ASSOCIATED PRESS

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metr⊕ **BUSINESS** metronews.ca Thursday, February 26, 2015

Writers see e-ink on the wall

As printed books trend downward and e-books take their place, Metro looks at how contemporary authors get paid, or not



Last week, Canada's biggest authors penned a strongly worded letter to the country's biggest library. Writers such as Margaret Atwood and Vincent Lam were rattling pens in protest of policy that allowed the Toronto Public Library to purchase used copies of bestselling titles from the public.

The library claimed the program was needed to reduce waiting lists for popular books, but to the 31 authors

who signed the letter, it was another blow to a publishing industry already reeling from 'great technological and social change.

"Were the program expanded, we believe it would do harm to writers and publishers depending upon slim and diminishing revenues of their own," the letter read.

Strong words, but are they true? In an age of e-books, Amazon and self-publishing success stories, Metro opens the book on how contemporary writers and publishers are or aren't — getting paid.

Public lending rights

Believe it or not, authors in Canada are compensated for having their books in libraries. In addition to the royalties they receive when a library buys their book, they also receive an annual payment from the Public Lending Rights Commission.

The system checks a library's catalogue and notes the presence of a book. Currently, authors get paid the same whether there's one copy or 100 on the shelves, but those who administer the program are looking to change that.

Canadian authors in 2014 through the Public Lending Rights

Advances and royalties

The book publishing industry still functions much as it did before the arrival of the Internet.

Once an author inks a deal with a publisher, he or she is given a cash advance — the more popular a book is expected to be, the larger the advance - and hopes to collect royalties from sales.

According to John Degen (pictured below), director of the Writers' Union of Canada, royalties are set at between 10 and 15 per cent of a book's retail price. Only a select few in Canada earn a living from royalties, Degen said, with most "cobbling together income" from other writing gigs and appearances.

'The reality is that most books don't earn out their advance," he said, noting advances have gotten smaller as publishers become more risk-averse.

'The industry has survived by consolidating and tightening up their contracts," he said. "You need a serious track record of blockbuster sales to get an advance that will give you a living."

Copyright

Authors are also paid when their works are copied or used by governments, educational institutions or businesses. Ir Canada, most of this money is collected and distributed by a group known as Access Copyright.

However, John Degen, director of the Writers' Union of Canada, said recent changes to the Copyright Act, such as granting schools greater exemptions, have negatively affected how much money is flowing to authors. Between 2013 and 2014, he said Access Copyright payments went down nearly 30 per cent. "We've watched a steady decline in the annual average earnings for authors," Degen said. "And I'm sure there are authors in Canada that have just given up because they can't earn a living."



10,000

Average earnings from writing made by Canadian authors, according to the Writers' Union of Canada

Amazon

Amazon accounted for 40 per cent of global book sales in 2014, according to Publishers Weekly.

Degen said some authors see the online retailer's low prices as a race to the bottom, while others are embracing the site as a platform for self-publishing.

'Publishers used to be the gatekeepers and the authors were the supplicants, saying 'please publish my book," he said. "But now, you can avoid the publishing industry altogether."

Authors who retain their digital rights can sell e-books directly through Amazon and get royalties as high as 75 per cent. Degen believes that is forcing publishers to take better care of their writers.

"We look after our writers as best we can," said House of Anansi's Matt Williams. "It's about more than printing their books. We look after publicity tours and exploit other rights for film as best we can."

E-books

In 2012, the Ontario Media Development Corporation estimated 15 per cent of book sales in Canada were in digital formats, a number expected to at least double by 2018.

House of Anansi vice-president Matt Williams says electronic books cost his firm about 20 per cent less to make than printed books. The result has been higher profits for publishers and higher royalties for authors.

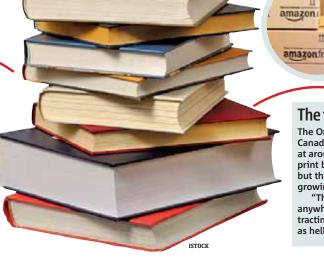
E-book royalties start around 25 per cent, but John Degen, director of the Writers' Union of Canada, says his organization is pushing for more from publishers.

"We've done our own math and we don't see the justification for only 25 per cent," he said. "The cost of making the product is just so much lower."

The future

The Ontario Media Development Corporation says the Canadian publishing industry is still growing at around 1.5 per cent per year. Sales of print books are trending downward, but those losses are offset by the growing e-book market.

"The industry isn't going anywhere," Williams said. "It's contracting in some areas, but it's sure as hell growing in others."



VOICES

SAVING FACE

In an effort to showcase diversity with their new emojis, Apple has upset a lot of people. Why does it seem like companies' efforts to be politically correct always backfire?



JUSTIN LEE

Apple unveiled this week a new set of emojis — featuring six different skin tones — coming with its latest update to iOS and OSX. At the end of the proverbial racial rainbow is, in fact, a pot of gold: a luminous yellow face. The move has upset Asian communities around the world, who are criticizing the inclusion of the yellow emoji on social media.

Surely Apple — whose U.S. workforce is 23 per cent Asian — must have seen this backlash coming, considering the long history of racist connotations in describing Asians as "yellow."

But regardless of their approach, the outcome—and outrage—would probably have been the same. Apple's good intentions to be more politically correct would have likely offended someone in the end anyway.

Apple claims the yellow-skinned emojis are not meant to portray Asians, but instead, all the faces are intended to be ethnically neutral—an extension of the smiley-face characters, I suppose. But wouldn't "ghost white" have been more appropriate, without running the risk of it being misconceived as representing an entire race?



A sample of new Apple emojis with six different skin-tone options. While Apple says the yellow-faced emojis were supposed to be neutral faces not depicting any specific race, they've upset many in the Asian community. SCREEMGRAB

To their credit, I'm sure Apple was going for a cyber version of the racially harmonious It's a Small World Disney ride, minus the creepy animatronics. In other words, it was trying to play it safe while appealing

to a need for a more inclusive representation of all races and ethnicities.

Just imagine the outrage if Apple had included stereotypical facial characteristics, costumes and accompanying props for each race. You know, like the It's a Small World Disney ride.

But maybe this whole thing brings up the larger issue of Western society's constant need to be politically correct, and how it can, in fact, worsen the situation.

This fear of offending others by attempting to be more inclusive of all ethnicities and races can often lead to mixed results.

For example, think about the last commercial you saw for a cellphone provider or fast-food restaurant. You know, the one where a group of 20-something faux-hipsters are really enjoying themselves? In every one of these advertisements, there will be—without fail—a carefully calculated, ethnically diverse representation of actors: two white men, two white women, one Asian woman and one black dude. It's not always this exact combination, but you get my point.

The end result feels forced, an obligatory nod to political correctness wherein advertisers can fly under the radar of ethnic activist groups by simply including a couple of visible minorities to round out a mostly all-Caucasian group.

Sometimes over-thinking, just like under-thinking, can lead to unintentionally racist results. And then you're forced to backtrack by saving (yellow) face. Have a nice day.

Justin Lee is a Toronto-based writer, DJ and documentary filmmaker who enjoys exploring music, arts and culture and social issues

Great that Brown barred, but let's really give him the kiss-off



It's not every day I feel like giving our immigration officials a high five

But when news broke that singer Chris Brown was denied entry at our border earlier this week, I felt a surge of patriotic pride.

Our country essentially gave the middle finger to a man who infamously beat singer Rihanna's face to a pulp and yet still makes millions a year as an entertainer.

While the promoter of his concerts in Montreal and Toronto said in a statement the shows were cancelled due to "immigration issues," it likely had more to do with Brown's history of violence. Since he pleaded guilty to felony assault for beating up Rihanna in 2009, he has been embroiled in scandal

after scandal.

Just last year after subsequent arrests, Brown was ordered to serve jail time for violating probation before being released and, again, put on probation. He's previously been refused entry into the U.K.

And yet while many claim

to be sickened by his behaviour, legions have continued to dole out money to see him perform, and venues continue to host his shows. The stomach-churning photos of Rihanna's bruised visage have not stopped people from buying his albums and going to his concerts — or the music industry

from handing him

awards and accolades.

In a way, the industry condones his behaviour by continuing to support him. Which is why the border stymie seems like such a victory to those of us who continue to be disgusted by Brown.

He is not the only star to be given the cold shoulder by the True North.

Over the years, everyone from rapper Lil
Wayne to actor Wes
Bentley to domestic
goddess Martha Stewart have been turned
away due to their
criminal records.
Somehow boxer Mike
Tyson, who has been
convicted of assault and
rape, controversially
gained entry last year to
perform his one-man
show in Toronto.

Like Brown, grotesque behaviour did not stop the boxer from commanding large paycheques and crowds.

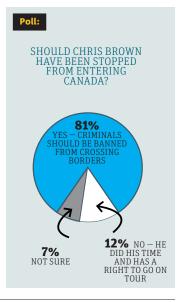
Despite the actions of Canadian border officials, Brown will continue to make money.

He ominously tweeted: "The good people of the Canadian government wouldn't allow me entry. I'll be back this summer and will hopefully see all my Canadian fans!"

The 25-year-old will likely eventually be back here to perform, unless no one buys tickets to his concerts.

So, fellow Canucks, let's give the Kiss Kiss singer the ultimate kiss-off and stop buying what this awful man is selling.

Melissa Dunne is a freelance writer based in Toronto.



What everybody ought to know ...

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When acquired at the right time and strategically leveraged - this asset performs over

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- <u>Cash Flow</u>: Collect monthly cash flow income upwards of \$1,000/m with this investment. Not only will your investment yield natural appreciation returns, you get money during the hold time for real financial benefit.
- <u>Tax Benefits</u>: Use your investment to save on your taxes with extra deductions.
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- *Hands Off:* Industry professionals will find it for you, negotiate for you, at no cost to you and are only paid on results. Companies will conduct thorough due diligence for

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Are you interested? I sure hope so because if you are, you can try Steve Martel's new "1-day seminar" training program designed to achieve financial freedom in 12 months or less for free. This may very well be the most content driven, exciting actionable education you'll ever receive in your life. Keep reading for details.

Now when it comes to understanding Real Estate, when to get in, and when to get out a market, the psychology behind market cycles and systematically leveraging other peoples time, money, knowledge, expertise, connections and experience... No one does it better than Canada's only American real estate tycoon and mentor - Steve Martel.

World famous U.S. Real Estate genius, self-made millionaire, entrepreneur and philanthropist, Steve Martel shows you how to earn \$1,000/month net per property by buying undervalued U.S. Real Estate in a stealth emerging market in just 90 days or less.

Since Martel has helped nearly 3,000 Canadians (from all walks of life) to increase their bottom-line profits... attain double digit returns on their money by

acquiring the correct U.S. real estate assets in the right emerging markets... create more financial freedom for Canadians than any other educator in the world... you should probably take his offer very seriously. Here's why:

Martel is considered the greatest Canadian real estate investor of our era, U.S. real estate genius and moneymaking 'wonderkind' on the planet. For those of you who don't know it, Martel is the highest paid, most remarkably successful U.S. Real Estate investor SUPER CONSULTANT in North America. At \$12,480 an hour... \$50,000 a day... Martel is ordinarily out of the realm of affordability for all but the most successful and wealthy entrepreneurs.

In the last 18 months, Martel has personally bought and sold 407 units...

Spread through 7 apartment complexes in hot U.S. markets. During this same time, he created the most in-depth, unconventional coaching program in the educational field that has had unprecedented successes by all its users. Martel's has documented proof that his coaching clients have bought over \$330,000,000 worth of U.S. real estate since 2011 alone based on his real world experience deriving from his 12-Step system to acquire U.S. Real Estate as a Canadian.

But don't look for any fresh-faced kids wandering around. Martel's unique coaching program is about as far from a conventional education as you can get – the entire curriculum is designed for business owners, entrepreneurs and individuals who are finally ready to make some serious, passive income while simultaneously earning double digit returns on their money. In fact, Martel makes perhaps the boldest guarantee ever offered by a real estate trainer:

"You will receive more legitimate, hard-core actionable insight with the 12-Step Coaching Program than you ever could receive in 4 years from any conventional college or university!"

Martel's full-load premium coaching program, created and personally delivered by Martel costs a whopping \$40,000 for the beginner course just to get in the door (and does not include travel, food, or lodging expense!), lasts one year and is *always sold out* months in advance. Martel has received 2,100 applications from people fighting to work with his team and only accepted 335 people. The real question is:

Why Does Everyone Willingly Pay Martel \$40,000 for his ideas, teachings, teams, connections, instructions, recommendations and support? And why should YOU be so excited about the chance to put your hands on his methods <u>completely risk-free</u>? Ever heard the old joke about the car mechanic who's called in after every other mechanic failed? He listens to the engine for a few minutes, then hauls off and gives it a big swift kick in a certain strategic spot. Lo and behold, the engine starts humming like a kitten. The mechanic turns around, gives the car owner his bill for \$400. The owner is flabbergasted and demands an itemized breakdown AND EXPLANATION.

The bill says...

'\$1 for my time, and \$399 for knowing where to kick.'

Well, Martel knows where to kick when it comes to U.S. real estate, creating substantial double digit returns on your money and cash flow that outperforms just about anyone's monthly income... including yours!

The benefits of being accepted into his exclusive Coaching Program are enormous. According to Martel, "An astounding number of graduates from my program have gone on to earn staggering amounts of monthly, passive rental income that allowed them to quit those boring day jobs and earn more money than ever before. If an individual is hard-working with self-discipline and not afraid to take action at the speed of instruction, there is just no stopping them."

For example, Jeff Seydel, a retail manager, attended an info-session with Martel, applied and got accepted into the Coaching Program and bought 209 units within 12 months "and it's all because of Steve teachings, his connections and funding resources" says Jeff. Benoit Chretien, a high school teacher, followed the creative financing course offered in the Coaching Program to acquire 150 units in 18 months in Chicago Illinois, quit his job and become a full time U.S. real estate investor. Another student, Sam Toma, made over \$10,000 flipping his first property after learning a single technique in the first 3 months and then duplicated his successes. A 17 and 19 year-old brother and sister who joined are now earning three times their monthly income in passive rental income with over 12 units in just a few short months using basic program core curriculum and will never know what a "regular" job is! Dean & Justin from Calgary bought over 44 units in just 2 years using Steve's connections!

There are lots more like this because virtually everyone accepted into the program applies this system to change their finances forever. Raffael Sabotino, an electrician from Montreal, bought 319 Units in less than a year. An engineer from Ottawa, Peter McGuire acquired 8 Units and made over

keep reading...continued on next page

\$100,000 flipping them in less than a year.

And these are not isolated cases! It's routine for graduates of the Coaching Programs to use their new skills to create passive income that outperforms even the high-income earners. According to Martel, "the goal of year one in the coaching program is not for our students to become millionaires, but simply to create Financial Freedom.

But here's the best news ever that you need to hear - Steve Martel is currently sponsoring:

A Special 1-day "Mini-Version" of His Full Load Coaching Program for Free With Him Personally (no flunky)!

Why would Martel practically give away the same information he offers for the always sold-out \$40,000 coaching programs?

IS HE CRAZY?

Not at all. The reason he's offering this 1-day mini-program is just good business practice. According to Martel: "I can easily teach any savvy, hustling, ethical driven individual so many new and useable secrets and strategies about U.S. real estate in a full day that he (or she) can actually start making some serious cashflow and returns immediately. And then, of course they will be extra-eager to join me for an extra 2 bonus days (for free) to learn the entire system at which point, the full-load coaching program is going to seem like a bargain of a lifetime if they get accepted because it can be funded out of the mound of fresh income this mini-seminar started."

"Sure, it's sneaky," says Eliav Kling from Montreal, a student of Martel who's acquired 57 units since 2013 using Steve's 12-step system. "But there's no catch or hidden agenda. In fact, all he's doing is "bribing" prospective coaching students with a taste of the wealth and success they can expect from the program. But Steve's real "objective" is not about the coaching program... The mini-course is a two-fold approach for Steve. Firstly, it's how he finds amazing real estate opportunities to buy in the U.S.

Secondly, it's how he finds prospective investors that don't have time to implement the system, but would like to invest their money on a passive basis. It's brilliant! Everybody wins. He hits three birds with one stone.

What Could Anyone Learn in 8-hours That Could Offer Such Astounding Results?

Martel admits he can't teach you everything he has to offer in just 8 hours – but he insists that what he can teach you will be more than enough to allow you to go out on your own and acquire.

Here's What You'll Learn:

Martel's message is clear and to the point – the key to making really serious money through U.S. real estate is to be able to quantify your efforts by leveraging time, effort, money & technology.

No matter how successful you currently are in real estate whether in Canada or the U.S. or how well you're doing in business, you can always expand with new tricks and tips. That's why this seminar is so effective. It reveals all the secret techniques and methods of the best most active U.S. real estate investors in the country. Martel and his "mob of active in-market experts" (that have nothing to sell) are specialists in taking any person whether a rookie or seasoned veteran and showing them...

How to Find the Right Markets That Are On The Verge of Appreciation That Simultaneously Have High Rental Income

It's no magic, and it's not rocket science, real estate is cyclical and every 20-25 years, markets go up dramatically and crash based on 5 economic indicators. There's literally dozens of ways to identify the right emerging markets that are currently at rock bottom and have high rental rates. Martel will show you how to get into a market that is at rock bottom, where there's virtually zero competition so you can buy real estate at 30-50 dollar per square foot (CHEAP!), sit on it for a few years while your collecting rents, then sell it when the upswing happens, make a large chunk of cash and then "rise and repeat" the process in a new emerging market.

You'll also learn how to:

- Find deals that no one knows about because they have yet hit the market (eliminating competing offers);
- Evaluate deals for guaranteed profits whether you're looking to cashflow or flip with properties and...
- Find the right funding sources for maximum leveragability.

But that's not all you'll learn. Finding deals is just a fraction of the arsenal of useable information presented in this seminar. If you chose to stay for an additional 2 bonus days (for free) with Steve you'll learn: How to acquire apartment complexes that have a potential of cashflowing in excess of \$5,000/m net each! On day 1 of the seminar, you'll concentrate on buying 2-4 unit properties in emerging markets that require very little down payments and cashflow like crazy. On day 2 and 3, we concentrate on acquiring small to large apartment complexes that require very little, to no money down because you'll learn...

How to submit creative offers to sellers that are in desperation that would accept seller financing, or a master lease options, or you could do a subject to. Creativity in real estate is the key to your success and the seminar is all about stacking your knowledge tool chest with profitpumping tips, tricks, and hacks you didn't even know existed. Then, you'll learn ...

How to conduct extremely thorough due diligence so you feel it's the perfect deal for you. When buying cashflowing real estate, it's not a question if the seller is lying, it's where the seller is lying. Martel always teaches out of experience that sellers are guilty until proven innocent. The #1 golden rule of real estate? The best deal you'll ever buy is the one you backed out of because you discovered issues that would absolutely destroy your ROI. Your job as a buyer is to first, guarantee the cashflow that is stated by going through every piece of financials of the property, second to make sure the asset is safe, sound and solid by conducting thorough physical due diligence and finally making sure everything is done legally and ethically. You'll then learn...

How to close the deals from Canada, how to transfer funds, how to read and negotiate credits on the closing statements... We then dive deep into:

How to Identify, Select, and On-Board A Killer Power Team Of Experts That will Do most of the heavy lifting and Legwork!

Martel owns real estate across the U.S. and almost never travels to see a property, hire a contractor or lease to tenant. Instead, he teaches you how to screen power team members to save time and money through the entire process from a perfect local broker, contractor, property manager and tenant. One of the most popular sessions is...

Exactly How To Own Your Real Estate So You Can Minimize Your Taxes Legally And Cover Your Backside From Lawsuits. It's no surprise that we'll be buying real estate in a foreign country. Martel will teach you the precise entity structure, how to create it, who to contact, how to transfer funds from one country to another and how to protect your assets for potential lawsuits. This session alone is worth over \$17,000 in saved accounting fees. And of course, you'll discover:

How to Get Financing for Your Deals as a Canadian - Guaranteed! The key to building a large portfolio is strategic leveraging of your assets. Banks are bending over backwards to finance deals and Martel will show you which banks are financing your ugly rehab projects and which will refinance your cashflowing finished product. Martel even dives in the secret underworld of private accredited investors to fund your down payments. Martel has raised over \$26,000,000 in private equity himself. He'll teach you who to target, how to approach them and how to structure a partnership with them that benefits both of you and do it legally and ethically. And more! Way more... You'll also learn:

How to rehab your properties in the U.S. from your pyjamas in Canada using his 4-step airtight construction agreement approach. How to find the right property managers and manage your properties from a foreign country using his 5 keys to profitable property management....

All this is guaranteed to be revealed to you in the seminar. And there's a whole lot more to be revealed if there's enough time. Remember, Martel is only doing this to set up a "deeder line" of successful

people who will want more insight down the road! There will be no sales pitches and no products sold — this is strictly a content and action driven seminar.

However, There is Just One Little Catch!

The strategies and techniques revealed are among the most powerful and effective real estate investment tools in the world. Small investors have used them to become giants, large companies have used them to annihilate the competition and beginners have used them to earn small fortunes in a short time. What you learn can change your life forever, as it has for so many others.

Not everyone is free to come.

Martel is not interested in sharing this powerful information with anyone who is not legitimately interested in making valuable social contributions. He won't have anything to do with you, if you are just looking for a "get rich quick" scheme. And he is utterly serious when he says that, since what he has to teach can generate such huge profits so easily. He restricts access to his coaching program materials to people who actually intend to deliver something of value to mankind.

If You're Ready To Take Action, Then Here's How To Register...

This incredible seminar is FREE! All Martel requests is a measly \$97 refundable "no show" deposit that will be instantly refunded to you once you attend the first day... BUT YOU MUST REGISTER RIGHT AWAY BECAUSE SEATING IS LIMITED TO 30 ATTENDEES!

The reason for this is that Martel likes to keep the rooms small to be able to talk with everyone individually throughout the weekend. The deposit is simply to eliminate the tire kickers that don't see the value offered at this event because it's free. It is fully refundable once you attend.

We Can Only Tell You Which Major Ottawa Hotel The Seminar Is Being Held At When You Register Right Now. This is a prudent move to avoid any last minute flood of people wanting in, causing Martel a lot of grief with the fire marshal.

SO REGISTER NOW AT: www.MeetSteveInOttawa.com OR YOU CAN CALL: 800-815-1733

and talk to someone live immediately.

The date of the seminar is

FRIDAY, MAR 6th, 2015

(From 9:00am to 6PM)

...with 2 Bonus Free Days on Saturday March 7th (9am to 9pm) and Sunday March 8th (9am to 4pm) Plan it in your schedule because this will change your life. There is an incredible amount of material to be covered and very little time to do it. And because of this...

THE DOORS WILL BE LOCKED 5 MINUTES AFTER 9AM!

metronews.ca Thursday, February 26, 2015 18 **GOSSIP**

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES



Not doing her time

So remember when Lindsay Lohan's lawyer rushed in proof that she had completed her probation-mandated community service hours while in London? Yeah, about that. As it turns out, Lohan got a little, let's say, creative with what constitutes community service.

According to TMZ, her community service included performing in the West End in Speed-the-Plow, meeting fans afterward and letting kids follow her around. What a mensch. "On one day Lindsay got six hours' credit,' prosecutor Terry White complains. "Two of the hours were for her matinee performance and another two were for her evening performance. The remaining two were for a meet-andgreet afterwards." Looks like her selfless giving could land her a probation violation.



Conan's got a date with Grindr

Never let it be said Conan O'Brien doesn't suffer for his fans' enjoyment. After successfully navigating Tinder with coach Dave Franco, O'Brien now turns to the gay side with

Grindr, the "socializing" app favoured by men seeking men. Along for the ride to help him out is comedian Billy Eichner. Enjoy as O'Brien tries out life as a sugar daddy.



What did Ben really say to J.Lo?

Apparently something we all missed at the Oscars was a run-in between exes Ben Affleck and Jennifer Lopez, both on hand to present awards. During a commercial break, Affleck apparently whispered something in Lopez's ear, earning him a playful sock in the arm from his Gigli co-star. And much like Bill Murray and

Scarlett Johansson in Lost in Translation, we're burning with curi-



osity as to what he said. Since there's no way to really know, how about some baseless speculation? By all means:

- "I've seen Boy Next Door 17 times."
- "Once you go Affleck, you never go back-fleck."
- "Sometimes I accidentally call my wife by your name.
- "We still use Gigli as our safe





Fifty Shades of Grey is still busy making all of the money, but apparently no amount of success is enough to please star Jamie Dornan, who is reportedly mulling an early exit from the franchise before they can get to adapting the second and third book, according to Australia's NW magazine.

Dornan is said to be wrestling with an intense distaste for all things Grey, and isn't eager to shave off all his facial and chest hair once again and make with flogging Dakota Johnson, according to an anonymous source. "Jamie does not think his performance was bad. Instead he blames Dakota and says it wasn't possible to have chemistry with her," the source insists. "He says Dakota gave him nothing to work with." So I guess his solution is to return the favour?





February 28 & March 1

Get \$10 to spend on iTunes*

when you spend \$50 or more on almost anything at Shoppers Drug Mart.*

Visit shoppersdrugmart.ca or the store nearest you for details.

Some conditions may apply. See store for details. Offer valid February 28 & March 1, 2015 only. ‡iTunes is a trademarks of Apple Inc., registered in the U.S. and other countries.



metronews.ca
Thursday, February 26, 2015

BOOKS
1

Twit fic fest celebrates new forms of storytelling

Multimedia. Do you like very, very short stories? This festival of micro publishing may be right up your alley

Lemony Snicket, Margaret Atwood and Jackie Collins will all experiment with micro-publishing during the third Twitter Fiction Festival, which has been announced for May 11 to 15.

When Twitter hosted its first Fiction Festival in 2012, it had already been home to virtual storytelling experiments by authors such as Jennifer Egan and Teju Cole who had shared new work one tweet at a time. The festival puts that storytelling trend in the spotlight and last year featured authors such as Alexander McCall Smith, who offered up four short stories over the course of the festival.

Among other 2014 highlights, American comedians Jim Gaffigan and Michael Ian Black improvised a tale of a trip through Scotland, and Tom Mitchell led a choose-your-own-adventure-style story through London.

On board for 2015 is a roster of more than 20 featured authors, including Chuck Wendig, Beth Cato, Matthew Dunn, Sophie Jordan, Lauren Beukes and Jonathan Evison, with a collective expertise that extends into



spy fiction, politics and graphic novels.

The event's website, twitterfictionfestival.com, offers suggestions of formats and tools to use to create your fiction, including generating collaborative fiction via crowdsourcing, launching several handles to tell a narrative through multiple viewpoints or using images and Vine for a multimedia experience. Last year saw Eric

Join in

 Starting March 2, anyone can submit an idea for a chance to be a featured participant. Once the event starts, all can take part using the hashtag #TwitterFiction.

Smith create an 8-bit story with illustrator Juan Carlos So-

lon, while Ankur Thakkar told a love story using Bollywood screenshots.

Inspiration from some of last year's contributors can be found archived on the festival website. An Instant Story Generator provides an option for the less creatively inclined.

Follow developments and the festival itself via @twfictionfest and using the hashtag #TwitterFiction. AFP

New releases. Kazuo Ishiguro heads to post-Roman Britain in The Buried Giant

A decade after his most recent novel, the dystopian Never Let Me Go, the Japanese-born British author Kazuo Ishiguro is back with The Buried Giant, a tale of love and vengeance in a mythical, troubled Britain.

Ishiguro is the author of six previous novels, among which one of his best-known is 1989's The Remains of the Day, the source for the Merchant Ivory film of the same name. That book earned the author a Man Booker Prize, for which he's been nominated four times.

Never Let Me Go also became a film, having been adapted for Mark Romanek's 2010 movie starring Keira Knightley and Carey Mulligan.

Whether the author's latest effort will make its way to celluloid is unknown, but a few plot details have been revealed by his publisher and in interviews



and reviews leading up to its March 3 release.

Publisher Random House described the book's setting as a time when the "Romans have long since departed and Britain is steadily declining into ruin." Two elderly Britons, Axl and Beatrice, set out to find their long-lost son with many dangers — "some strange and unworldly" — ahead of them and joined by a Saxon warrior, his orphan charge and a knight. AFP

Ebooks

Pearson travellers to get free book, music downloads

Travellers flying out of Canada's largest airport will have access to a special parting gift: books and music available for free download.

While at Toronto's Pearson International Airport, people will be able to visit a dedicated website to download select ebook titles and individual songs. The content is being provided by HarperCollins Canada and Sony Music Canada.

Cory Beatty, marketing director at HarperCollins Canada, said six books will be available each month: ebook samplers which include excerpts of upcoming books, two classic titles and two best-selling releases.

THE CANADIAN PRESS



Hanging with Cooper and Cohen

Lecture series. Two big TV personalities come together for a candid tour

After an initial phone call that still makes them cringe, the television odd couple of Andy Cohen and Anderson Cooper became good friends.

Both men are putting their easy camaraderie on display in a live lecture series this spring. The idea came from Cohen's mother and Cooper's agent, who watched in November when Cooper interviewed Cohen about his book onstage in New York. The series, subtitled Deep Talk and

Shallow Tales, starts March 21 in Boston, with later dates in Miami and Chicago and more if the initial run goes well

Each has travelled career paths that aren't easily defined.

Cooper is best known as the sober, prematurely grey newscaster who travels around the world for CNN and contributes stories to 60 Minutes. He's also tried a daytime talk show, hosted a reality show and teams with comic Kathy Griffin for a ribald New Year's Eve program every year.

Cohen hosts an alcoholfuelled talk show on Bravo and dishes about the network's famed housewives. But he was a television executive at Bravo and elsewhere, and a producer at CBS News in the mid-1990s, when a mutual friend tried to set him up with Cooper on a blind date.

It got no further than a phone conversation.

"Somewhere during that phone call, we realized this was not meant to be," Cooper said. "This was not going to work out at all."

Now they often go on trips with each other, and Cohen texts Cooper to tell him to keep his head down when CNN sends him on dangerous reporting trips. They don't hesitate to interrupt each other in conversation.

Each man is preparing surprises for his friend to be revealed onstage during the tour, booked into small theatres. They'll talk about their careers, planning to let the audiences dictate much of the agenda by asking questions.

"It gets a little dangerous, because we know where the bodies are buried," Cohen said. "That's why this tour will be fun. It will be very uncensored, and it can go in a million directions."

Like with Griffin each New Year's Eve, the serious newsman part of Cooper betrays a little nervousness about his friend. "I'm just happy to hear Anderson say all this," Cohen said. "He knows what he's signed up for."

THE ASSOCIATED PRESS



New comedy. Jason Jones and Samantha Bee set to launch TBS show

The Daily Show couple Jason Jones and Samantha Bee are heading to TBS with a comedy series based on their harried family life.

The Canadian husbandand-wife team wrote the pilot and serve as executive producers

The series is inspired by their own getaways and is billed as "an honest and darkly comedic look at family."

The channel says it has ordered 10 episodes of the untitled series, which will star Jones as "unfiltered dad Nate."

Plans call for each season of the show to follow a different family adventure. Jones announced on Twitter that he'll be leaving his gig at The Daily Show to

work on the series. "For 9 & 1/2 years, I have worked at one of the greatest TV shows of all time. But... It is time for me to go," he tweeted from the account @jonesinforjason.

"That said, I am ecstatic to announce that I'm about to make another great show over @tbsveryfunny."

TBS says the cast is rounded out by Justified actress Natalie Zea who plays the wife Robin, Louie actress Ashley Gerasimovich will appear as rebellious daughter Delilah, and The Neighbors actor Liam Carroll plays simpleton son Jared.

Production is slated to begin this summer, with an airdate set for later this year.

THE CANADIAN PRESS



Gamers can now get Fast & Furious

Fast & Furious and Forza are hitching a ride together. The hugely successful movie franchise is teaming up with the critically acclaimed Forza racing series for a video game featuring cars and missions inspired by Universal Pictures' Fast & Furious films. "Forza Horizon 2 Presents Fast & Furious" will launch March 27 for Xbox One and Xbox 360. The stand-alone title will be available for free until April 10 to promote the April 3 release of Furious 7, the latest installment in the film series. After that date, the Fast & Furious-themed expansion will cost gamers \$10. TEXT AND PHOTO: THE ASSOCIATED PRESS



A closer look at gender identity

New. CBC doc profiles 11 transgender Canadians and their fight for civil rights

Transgenderism has been prevalent in the headlines lately, with transgender characters on TV shows including Orange is the New Black and Transparent, and speculation over Olympic legend Bruce Jenner's gender identity.

Dr. Carys Massarella, a transgender Canadian physician who appears in the new CBC-TV documentary Transforming Gender, says having a celebrity face linked to the subject is a double-edged sword. "Yes, it raises the issue publicly, so that probably allows more people to become aware of transgender issues and who transgender people are," Massarella said.

"But at the same time I think ... it sensationalizes the whole concept of being trans, which I don't think is helpful.

"Secondly, it makes people think, 'Well that problem is



solved. Everybody is OK with people being trans, transgender people are successful — look at Laverne Cox, look at Janet Mock.'''

Cox is a transgender actress on Orange is the New Black, while Mock is a high-profile writer who has come out publicly as a trans woman.

"I think we need to be

aware that, yes, for a certain segment of the transgender population, life has become much, much better — but for a large, large, large percentage of trans people, it's still quite difficult for them to go forward with their lives and it's a daily struggle."

Transforming Gender, airing Thursday (at 9 p.m. ET) on

CBC's Doc Zone, profiles 11 Canadian transgender people (those who were born one sex but identify as another).

They range in age from 11 to 90 and have vastly different stories of how they came to identify as trans. Directed by Marc de Guerre, the doc follows their triumphs and struggles, from fighting for their civil

rights to fear about being fired from their jobs and being denied medical treatment.

Massarella said she identified as trans almost all of her life growing up in Sudbury,

She had an epiphany as a kid while watching a TV program on Renee Richards, an American ophthalmologist and professional tennis player who had a gender change in the 1970s. Massarella made the decision to transition from male to female about seven years ago. Now, she's a physician at St. Joseph's Healthcare in Hamilton and at Quest Community Health Centre in St. Catharines, Ont., where she administers transgender care. "Certainly within the last five to 10 years there has been a revolution in transgender care," she said. And many health-care workers realize "that the most humane way to treat transgender people is to provide them with supportive transition care rather than some sort of a psychiatric pathologization and mental health cure," added Massarella. THE CANADIAN PRESS

Festival

Hot Docs unveils partial lineup

Films about Kurt Cobain, white supremacy and a Canadian comedy writer's homecoming are among the projects headed to Toronto's Hot Docs.

Films announced this week include a project from The Big Bang Theory scribe Rob Cohen's attempts to rediscover our national identity in Being Canadian.

Kurt Cobain: Montage of Heck takes us "into the life and mind of an icon."

The 2015 Hot Docs Canadian International Documentary Festival runs April 23 to May 3. THE CANADIAN PRESS



#1 International Bestseller

SUMMER, 1546.

King Henry VIII is slowly dying.

Catherine Parr has a secret
hidden in a locked chest.

Murder, political intrigue and
danger surrounds a reign in peril.



C.J. SANSOM
INTERNATIONAL BESTSELLER

"Sansom's Matthew Shardlake

LIVES AND BREATHES IN AN UTTERLY CONVINCING WORLD."

PHILIPPA GREGORY

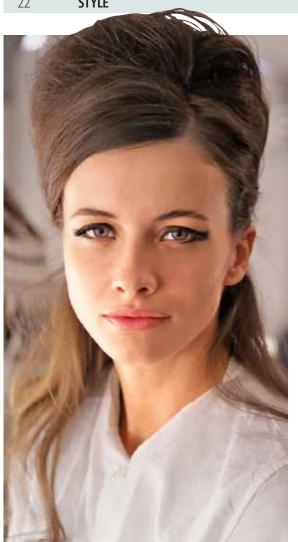
"ONE OF MY FAVORITE WRITERS." KATE ATKINSON

"Among the **MOST DISTINGUISHED** of modern historical novelists." **P.D. JAMES**





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BADGLEY MISCHKA FASHION SHOW IN NEW YORK. PHOTO: CHELSEA LAUREN / GETTY IMAGES

LESS IS MORE

The face of this season's fashion month is understated — with models from many must-see shows sporting natural, matte skin, eye colours in earthy tones and a soft, nude lip. Now it's time for you to rule your world's runway.

In recent New York and London fashion weeks, 'au naturel' was the order of the

For his Fall 2015 clothing line, Ralph Lauren served up a bevy of effortlessly sophisticated embellishments, tonal hues and rich textures.

The makeup was, in contrast, perfectly wholesome. Lauren's broad spectrum of earthy beauty was a force to be reckoned with - flawless, gleaming skin and untamed

Badgley Mischka models also donned a pale lip that was a contrast to their cat-eye liner. In London this week Burberry unveiled several additions to its cosmetics range.

Models sported warm, matte skin, a sultry smokey eye inspired by natural earthy tones and an understated matte nude lip.

Here are some products to recreate the natural knockout look:

• Whatever your skin tone, it's time to invest in a new performance BB/CC cream

like BareMinerals All-In-One BB, CC, Tinted Moisturizer Cream, released last month. • Lancôme's cushion cream

- and Diorskin Nude Air serum offer other luxurious complexion-kind options. • As Burberry girls Kate
- Moss and Cara Delevingne know, no makeup bag would be complete without Charlotte Tilbury's Magic Cream, originally formulated to help soothe supermodels' travel-weary skin. • Inspired by the British

luxury label's Patchwork, Pattern and Prints runway show on Monday, Makeup Artistic Consultant Wendy Rowe created Burberry's



RURRERRY'S REAUTIFUL FARTHY MAKEUP

earthy runway beauty using new Eye Colour Cream shadows in Mink No.102 and Charcoal No.114.



Prefer a bolder look? Here's how to copy Kim Kardashian

It's no secret that Kim Kardashian loves to wear makeup.

The queen of contouring gave an interview to beauty blog Into the Gloss where she shared a laundry list of her favourite beauty products and tools.

She uses Kardashian Beauty Endless Summer Matte Bronzer in Cabana Bronze, and the Anastasia Beverly Hills Contour Kit

for her nose and cheeks, she told the Gloss.

Kardashian is also known for her dramatic eyes: she goes to Anastasia Soare of Änastia to get her eyebrows done, and she uses Lancôme Définicils High Definition Mascara along with Kardashian brand false individual lashes.

The reality star also said she is crazy about rosescented products.

Her By Terry Refreshing Cleansing Gel is rose-scented, and so are the Tracie Martin Shakti Resculpting Body Cream and Epicuren Bulgarian Rose Otto rose oil she likes to use.

As for Kardashian's beauty quirks, Baby North's mom owns an LED light therapy machine called Quasar MD Plus to treat the psoriasis on her legs.

She also claimed that she

only washes her hair once every five days.

"We start out with a blowout on day one, then we go into a messier vibe the next day, and then we flat iron it and do a really sleek look on day three since that requires a little oil in the hair. Day four could be a slicked-back ponytail, and on the fifth day is when you wash it." AFP/PHOTO: GETTY



UV rays continue damage in the dark

The damage caused by ultraviolet radiation takes place many hours after you spend time in the sun, even if it's dark out, according to researchers from Yale University who say this is an important discovery in skin protection.

Knowing this means that we could take measures to prevent the damage and the research team says this could lead to an "evening after"



Such a cream, they say, would prevent DNA damage that occurs when UV rays activate two enzymes that

send melanin haywire in a process called chemiexcitation. The study was published in the journal Science. AFP

One of the trends to emerge from fashion weeks in New York and London is fringe. See how fab fringe detailing, like in this Ralph Lauren outfit, can look on everything from skirts and shoes to handbags and earrings.

- Online. metronews.ca/trends-report
- Follow Irene on Twitter @ MetroIreneK and Instagram @kuanirene
- Photo gallery. Gucci kicked off Milan Fashion Week with florals and pleats. Check it out at metronews.ca/scene.



Copper stirs up black magic in the kitchen

Ask a designer. Bright ideas for a reader's tiny kitchen dilemma



DESIGN CENTRE Karl Lohnes home@metronews.ca

I desperately need to renovate my small U-shaped condo kitchen this spring. Will shiny surfaces like mirror, stainless and glass help make it appear larger? I am not a fan of stainless steel appliances and am wondering what would look best.

— Mark H., Edmonton

The trick to making a small kitchen look larger is to use consistent colours and tones throughout: either all light, all medium, or all dark. Look for countertops with a glossy finish that will reflect light. Also consider a stone-like surface that features reflective qualities in its design. In a tiny kitchen, use the same product for the backsplash to reduce the variety of finishes needed. This will make the small space appear seamless and less visually choppy.

Appliances can be black, if choosing a darker-looking kitchen, or white if you're going all light. Whichever appliances you choose, match your cupboard doors and floor tiles in similar tones, either black, grey or white.

Again, all surfaces should be shiny or glossy to reflect and bounce light around in a tiny space.

Copper-plated faucets and lighting fixtures will add an on-trend metallic colour to the space. Wall paint should match the copper faucets and help to warm up the space.

Countertops and backsplash: Deep grey and metallic sheen create chic counters and backsplashes with the durability of engineered quartz. Silestone Chrome counters, from \$200 per linear foot, Silestone.com

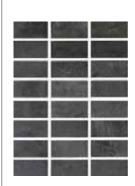




Mixing copper with grey helps to warm up a small space. Danze Opulence Single Handle Pull Down Faucet, \$350, Wayfair.com

Black is back! 19 cubic-foot Bottom Mount Black Fridge, \$1050, Whirlpool.ca





Dark grey flooring will blend nicely into deep grey cabinets. Use a dark grey grout to reduce the lines between the tiles. Elaine Cityscape Carbon Glazed Porcelain Tile, \$16.40/sq. ft., HomeDepot.ca



METRO CUSTOM PUBLISHING DIRECTORY

Home Matters

Looking for skilled professionals to help your home? Does it need a little TLC? Time to tackle that project in your house that has been bugging you for too long but you're not sure where to go for help? Look no further! Below is a list or local qualified outlets looking to help you out.





Glossy cabinets reflect light and help open up small spaces. Grey Abstrakt Kitchen Cabinets, Ikea.ca

Coppertone your walls to get rid of boring neutrals. Caramel Corn 2160, BenjaminMoore.ca





KYMAR PLUMBING INC. 613-227-0222 | kymarplumbing.ca



Some nights call for morning faves

Recipe. Expand your breakfast-for-dinner menu with a pie filled with morning staples like sausage and bacon

- 1. Take pastry out of ridge an hour before you need it, otherwise it is difficult to work with and will crack when unrolled.
- 2. In a large saucepan, gently fry the chopped onions until they are browned. Drain the beans and give them a quick rinse. You want some of the sauce to stick to them, but not too much, otherwise your pie may end up with a 'soggy bottom.' Add to the onions with a splash of Worcestershire sauce and heat through.
- 3. In a separate pan, fry the bacon and sausages (don't use oil, as they should be fatty enough) until they are browned. Chop the bacon into small pieces and slice the sausages. (Don't forget, this can all be done the night before, and it is also a good way of using up leftovers.) Stir the cooked meat into the bean mixture and season go easy on the salt as the meat will be salty enough. Crumble in the black pudding.
- 4. Put cake tin on one of the pastry sheets and cut around with a knife. This is your pie lid. Grease cake tin, line base with baking paper, and then place the remaining pastry sheet inside. Gently push it down, so it is nice and snug around the bottom and the edges. It won't fit perfectly, but if you trim some of the overhang off you can add it where needed. Smooth out any joins with your fingers. It may look like a patchwork



quilt, but don't worry, it will still taste delicious. Pour the filling into the pastry case. Sprinkle on the grated cheese. Place the pie lid on top, and pinch to the sides of the pastry case. Beat the egg and brush the lid with it. Either bake straightaway or

put in fridge.

5. Preheat the oven to 180 C (350 F; gas mark 4). Bake for 50 minutes. If you made it the night before, then try to remember to take it out of the fridge an hour before cooking.

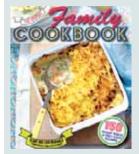
If you don't, you will need to up the cooking time slightly.

6. When cooked, remove from the oven and let it stand for 10 minutes, then take the pie in its tin to the table. Balance it on a tin of baked beans and lower

the cake tin. People should start to applaud at this point. Transfer to a plate and cut into wedges. It is nice with eggs on the side. Both recipes from the crumbs family cookbook by claire and licy mcdonald. Cico Books, \$25.95; RYLANDPETERS.COM

Cookbook of the Week

Get back to family



Got a bunch of hungry kids to feed after school? Need inspiration for Sunday dinner? Reach for The Crumbs Family Cookbook. Written by Claire and Lucy McDonald, it contains 150 recipes that range from comfort food to one-pot dishes even the fussiest of eaters will love. Recipes include Pea and Feta Salad, Very Simple Beef Stew and Tortilla Tower. METRO

Ingredients

- 2 sheets all-butter shortcrust pastry (215 g/7 1/2 oz each sheet)
- 1 large onion, chopped 1 x 400 g (14 oz) tin of baked beans
- Splash of Worcestershire sauce
- 6 good-quality sausages
- 6 rashers/slices of streaky bacon
- 200 g (7 oz) black pudding/ blood sausage
- 200 g (21/4 cups) grated
- 1 egg
- 20 cm (8 inch) loose-bottomed cake tin

Dinner. Gnocchi Bake

"This is the ultimate midweek supper. It is cheap, filling, quick and delicious.

"I make it every few weeks using up any vegetables that are wilting/stagnating in my fridge," writes Lucy McDonald in the book The Crumbs Family Cookbook

- 1. Cook the gnocchi in a pan of boiling water as per the packet instructions. They are ready when they all bob to the top of the pan.
- **2.** Drain and put back in the saucepan (not over the heat) and stir in the passata,

sweetcorn and chard. Season. Pour into a 20 x 30cm (8 x 12 inches) baking dish and sprinkle the mozzarella and bread crumbs over the top.

Ingredients

- 700 g (25 oz) gnocchi
- 680 g (23/4 cups) passata/ tomato sauce
- Handful of sweetcorn/corn kernels
- Handful of Swiss chard
- 200g (2 cups) shredded mozzarella cheese (or any other)
- Handful of bread crumbs

Parks Canada Heritage Gourmet (iPhone/iPad/

Android; free)

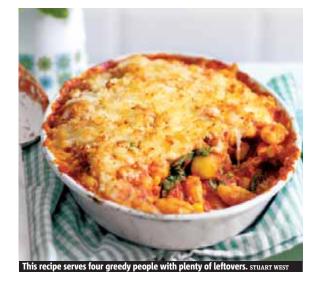
Explore our Canadian heritage with this collection of his-



MIND THE APP Kris Abel @RealKrisAbel life@metronews.c

toric recipes tested by Parks Canada chefs. You'll find moose muffle soup, bison stew, and a lovely hedgehog dessert from Fort George.





metronews.ca Thursday, February 26, 2015 **SPORTS**

NBA

Bulls, fans, city stunned by news of Rose's injury

The news that Derrick Rose will have knee surgery again hit the Chicago Bulls and their fans hard and left them in a familiar spot — trying to get by without their star point guard.

The torn meniscus in his right knee was announced Tuesday night, another tough twist for a franchise, a star, his sponsors and a fanbase that thought the Bulls were entering another golden era just a few years ago, with the Chicago product leading the renaissance.

Instead, he's having surgery on his right knee for the second straight year — on the heels of a season he missed entirely following a torn left ACL. THE ASSOCIATED PRESS

NHL

Blackhawks' Kane out for long term

Blackhawks star Patrick Kane had surgery Wednesday to repair a broken left collarbone, likely sidelining the dynamic forward for the rest of the season unless Chicago makes another deep run in the playoffs.

Kane, who leads Chicago with 27 goals and 37 assists, lost his balance and crashed into the boards after he was cross-checked by Florida defenceman Alex Petrovic with 12:11 left in the first period of Tuesday night's 3-2 shootout victory over the Panthers. He skated to the bench and went straight to the locker-room.

THE ASSOCIATED PRESS

Penguins acquire Winnik from Leafs

The Toronto Maple Leafs' sell-off continued Wednesday as forward Daniel Winnik was traded to the Pittsburgh Penguins for centre Zach Sill and two draft picks - a secondround pick in 2016 and a fourth-round pick in this year's draft.

Winnik was the Maple Leafs' top trade candidate left after the team dealt Cody Franson and Mike Santorelli to Nashville on

In 55 games, Winnik has seven goals and 18 assists. THE CANADIAN PRESS



Yankees focus on 'the bottom line' with A-Rod

Hank Steinbrenner is looking ahead and not back when it comes to Alex Rodriguez, pictured Wednesday in Tampa, Fla. Suspended last season for violations of baseball's drug agreement and labour contract, A-Rod is trying to return as his 40th birthday approaches in July. "Hopefully this spring he can contribute, that's the bottom line," said Steinbrenner, the Yankees' co-chairman, "He can hit, He's a natural, Hopefully he can still do it. We're just going to take it as it goes." CHRIS O'MEARA/THE ASSOCIATED PRESS

Preparation in the details for Herdman

Soccer. Canadian coach fine-tunes team with Women's World Cup beginning in 100 days

The clock is counting down on the Women's World Cup and Canadian soccer coach John Herdman is ticking boxes on his meticulous to-do list.

Herdman and his staff are renowned for their preparation, from how long it takes to drive from the team hotel to the stadium to strategy when you go down by a goal with 20 minutes left or you have a player sent off.

The 39-year-old English coach says his plan is detailed, but flexible enough to incorporate innovation from his players and support staff.

With just 100 days remaining to the June 6 World Cup kickoff as of Thursday, Herdman and Canada are in Cyprus preparing for the Cyprus Cup. They're using the tournament to run through a variety of on-field scenarios.



Next is bringing team chemistry "right to a crescendo," he said.

"So we're slowly identifying what people's roles are in the team and whether they can cope with the roles that they're going to be given," he explained. "Because not every player can play every minute of every game. But there are some players that are going to play a lot of the minutes.

"So can people take dif-

ferent roles and when you're given that role, can you still contribute to the culture that will help us win a World Cup?"

After the Cyprus Cup, Herdman's team will play one last game — in Bondoufle, France, against the thirdranked French.

The ninth-ranked Canadian women open the 24team World Cup on June 6 against No. 13 China in Ed-

Herdman will likely name his 23-woman roster ahead of schedule at the end of April, so the suspense is over early and the team can look forward to its task.

"The longer you leave it, the more stress there is," he said. "You don't want

monton before facing No. 18 New Zealand on June 11, also in Edmonton, and the 11thranked Netherlands on June 15 in Montreal.

The goal is to win Pool A, which reduces travel and should help avoid meeting a tournament heavyweight in the round of 16. But Canada could finish third in its group and still advance.

FIFA seeded Germany, the U.S., France, Japan and Brazil atop the other five tournament groups. Sweden and England will also pose threats. THE CANADIAN PRESS

Arsenal 'suicidal' in loss to Monaco



Champions League.
After loss to Monaco in London, Gunners again appear to be finished before quarter-finals

Veteran striker Dimitar Berbatov demonstrated his enduring quality by inspiring Monaco to a surprise 3-1 win over Arsenal on Wednesday, priming the principality team for a place in the Champions League quarterfinals for the first time in 11 years.

Arsenal's first-leg loss came against the lowest-ranked team remaining in the competition — and also depleted by injuries — ensuring a miserable night

Aggregate aggravation

3

Arsenal needs to score at least three goals in the March 17 second leg in Monaco to even have a chance of advancing to the

for Arsene Wenger against his former side.

"No one really thought this result would have been possible, but we achieved it," Monaco coach Leonardo Jardim said through an interpreter.

Monaco hadn't even managed to score in the first hour of the six group stage games, but stunned the Emirates Stadium by taking the lead in the 38th minute. It did owe much to good fortune, with Geoffrey Kondogbia's deflected strike wrong-footing goalkeeper David Ospina.

But Monaco punished Arsenal's sloppiness eight minutes into the second half, launching a counterattack which the 34-year-old Berbatov completed on his return to London — where he played for Tottenham and Fulham.

Although Alex Oxlade-Chamberlain's curling strike in stoppage time briefly gave Arsenal hope going into the second leg on March 17, he then gave the ball away inside his own half. Monaco went on another rapid break and Yannick Ferreira-Carrasco restored the two-goal cushion.

On Wednesday

3



AS Monaco

Arsena

- In Leverkusen, Germany. Hakan Calhanoglu's second-half strike gave Bayer Leverkusen a 1-0 home win over 10-man Atletico Madrid in the Champions League round of 16 on, leaving it all to play for in the second leg in the Spanish capital.
- Substitute Fernando Torres thought he'd equalized with a header from a corner in the 75th, but the ball went out of play before coming back in.

"The second and third goals, we were suicidal," Wenger said. "It looks like we have lost our nerves and our rationality on the pitch."

THE ASSOCIATED PRESS



Bush now an ex-Lion

The Detroit Lions released running back Reggie Bush on Wednesday, halfway through the four-year deal he signed as a free agent before the 2013 season.

Bush started 23 games for the Lions. He rushed for 1,006 yards in 2013, but he had only 76 carries for 297 yards while fighting injuries in 2014. THE ASSOCIATED PRESS

UFC 186



"It's the first time ever that we've brought two

championships, which is the really important reason for fans to want to come out."

Tom Wright, the Ultimate Fighting Championship's general manager for Canada. The promotion is confident that UFC 186 at Bell Centre in Montreal will be a success despite local star Georges St-Pierre being on sabbatical and with the sport in the midst of a doping controversy. The feature attractions for the April 25 card are bantamweight champion T.J. Dillashaw (12-2) in a rematch with top contender Renan Barao (35-2) and Demetrious Johnson (21-2-1) defending his flyweight title against Kyoji Horiguchi (15-1).

MLB. Castro brings power and command to Blue Jays

At six foot five, Miguel Castro is hard to miss at the Toronto Blue Jays' spring training camp.

The spindly Dominican right-hander uncoils like a praying mantis on the mound. And he throws smoke.

The first time Jays general manager Alex Anthopoulos saw him pitch, for Class-A Vancouver, he thought the speed gun was broken because it kept showing 98 miles per hour.

"I literally said 'Hey, is something wrong with the gun? Is it frozen?"' Anthopoulos said.

Having just turned 20 in December, Castro is a work in progress. But the fact he has control to go with speed has Anthopoulos enthusing.

"Any young player, there's risk," Anthopoulos said. "But young players that control the strike zone have a much better chance, and young starters and relievers that throw strikes have a pretty good chance to survive up here."

Castro is listed at 190 pounds but looks 20 pounds lighter. While there isn't much meat on the bone, it doesn't seem to be a problem. His fastball has been clocked at 102 m.p.h., according to Anthopoulos.

Josh Thole, who caught Castro's bullpen session Tuesday, was impressed by what he saw.



"The way that he commanded his pitches, that's what impressed me more than anything," said Thole. "Not that he throws 100 (m.p.h.) or what not, but throwing a breaking ball and not just throwing it but knowing what he wants to do with it. And when he did make a mistake with it, you could see him making the adjustment on the next pitch."

Castro throws a fastball, slider and change-up.

THE CANADIAN PRESS

March 16-20

Spring

Break

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AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



Horoscopes by Sally Brompton

↑ Aries

March 21 - April 20

You won't be shy about telling others what you think but you are expecting too much if you expect everyone to agree with you and you may lose friends.

Taurus

April 21 - May 21

According to the planets you will be taking on a lot more duties over the next few weeks. That may not be what you were hoping to hear but it will earn you more respect and money.

∐ Gemini

May 22 - June 21

Something you hear from a friend will make you wonder if you have taken a wrong turn. Maybe you should retrace your footsteps and start again.

9 Cancer

June 22 - July 23

No matter how annoyed you may be with a particular person this is not the time to put your feelings into words. Hit back only when you have more evidence to make your case.

€? Leo July 24 - Aug. 23

Partners won't be happy if you go back on what you told them a few days ago. Your priorities have changed but if you made promises you must keep them.

W Virgo

Aug. 24 - Sept. 23

You seem to believe the universe is against you but that is not true. Just because you have fallen out with a loved one over something minor does not mean it's the end of the world.

📤 Libra

Sept. 24 - Oct. 23

You will get the chance to make serious progress in a creative endeavour of some sort. But don't get carried away because there is a lot of work to do yet.

III Scorpio

Oct. 24 - Nov. 22

Someone will play on your fears and make you think a situation is worse than it is. According to the planets you should reject everything you hear that makes you feel uneasy.

Sagittarius Nov. 23 - Dec. 21

You will have words with someone whose personality rubs you the wrong way. Less timid souls might keep their opinions to themselves. Why should you when you're the one in the right?

6 Capricorn

Dec. 22 - Jan. 20

Make the most of your newfound freedom to get out into the world and explore. Do something you have not been able to do for some time today.

Aquarius Jan. 21 - Feb. 19

The only danger today is you might say too much and tip off a rival about what you are up to. Be wary if they try to engage you in personal conversation.

H Pisces

Feb. 20 - March 20

You will get advice from all directions today and if you are smart you will ignore it all. You already know what it is you should be doing. So, do it!

Crossword: Canada Across and Down by Kelly Ann Buchanan

39

63

66

Across

- 1. Accounting reviews 7. Passenger's proof, punv-lv
- 10. 'Trillion'-meaning prefix
- 14. Noel Coward play, Spirit (Currently at the Princess of Wales Theatre in Toronto)
- 15. Poetic contraction 16. Bygone boy-
- friends, briefly 17. BC community near Langley
- 19. Performs 20. 1871 premiere city
- of Aida 21. Nunavut: __ Island 23. Certain curtain
- 25. Egyptian cobra
- 26. Batch
- 27. Religious robe 30. Dog type
- 31. "Eating __" (1982) 33. Terry David Canadian broad-
- caster/actor who is an alum of MuchMusic 36. Busybodies
- 39. Cooking, as potatoes
- 40. Kander and (Stage musicals songwriting team)
- 42. Opera voice 43. Kelly Clarkson's
- Like Us"
- 45. Saw sort 47. Retro synthesizers
- 49. Bow 50. Agree-er's vote
- 51. Post-WWII female mil. aviators group
- 53. "That's splendid!" 54. Zeds alternatives Head: Accord-56. ing to The Flat Earth Society, it (located
- on Fogo Island, Newfoundland) is one of the four corners of the flat earth
- 59. Ranch sound
- 63. Fertilizer component 64. King Arthur's fur-

67

24

34

57

- niture piece: 2 wds. 66. Common seasoning
- 67. 'Guitar' suffix 68. Mr. Hammer's 69. Payola\$ singer Paul
- 70. Acidity measures,
- commonly 71. Puts into disarray

68

42

50

Down

49

- 1. Rhyming pattern 2. "The Producers" (2005) role
- 3. "Little 4. Roman roads 5. They might add
- pops of colour to a
- sofa: 2 wds. 6. Part [abbr.] 7. Wrench 8. Bulletproof vest fibre
- 9. Forest fluid: 2 wds. 10. Winnipeg Jets 11. Governor General of Canada: His __ the Right Honourable David Johnston

- 12. Ode-to-the-past style
- 13. Holding
- 18. Music style
- 22. Highlights/scores and more program
- on TSN
- 24. Jul. follower
- 27. Draw _ __ (Do
- cartography)
- 28. Car mechanic's
- 29. Rural village in
- Ontario's Prince
- **Edward County** 32. Slangy one-eighty
- 34. Bev. Hills clinic
- request
- 35. US TV channel 37. Casanova
- 38. Mlle. cousin
- 41. Audacious
- 44. Vain vacay: 2 wds. 46. State above Calif.
- 48. Nike logo
- 51. George _ . _ , 43rd
- President
- 52. Wide assortment
- 55. Tailoring lines
- 57. Pen brand, with Paper
- 58. __ and bolts
- 60. Nile wader
- 61. Hilarity 62. Village, in
- Hamilton
- 65. Beaver's construc-

Yesterday's Crossword

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See today's answers at metronews.ca/answers



ptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

						9		
6	9	2	7	4	3	1	8	5
1	8	4	5	2	9	6	3	7
						4		
3	1	8	9	7	4	2	5	6
						3		
8	7	9	3	1	6	5	4	2
5	2	1	4	9	8	7	6	3
4	3	6	2	5	7	8	1	9

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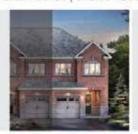
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